

One of the many ways of putting our Motion Backgrounds to good use is to create lower thirds for titles and captions etc.. Most NLE software editing packages such as Adobe Premiere and Final Cut Pro allow masking in order to achieve this. This tutorial is specific to Adobe Premiere Pro 1.5 but most editing programmes will follow a similar principle. Here's how it's done:-

- 1) The simplest way to create a lower third is to use a track matte. We have already created a few for you to download free on our "resources" page. Import whichever one you want to use into your editing programme together with your original video footage and your choice of Motion Background
- 2) Place your video footage on video track one, your Motion Background on video track 2 and the track matte targa on video track 3 at the point you wish your lower third to appear.
- 3) Go to *Effects/Video Effects/Keying* and select the *Track Matte Key* then drag this onto the Motion Background on video track 2.
- 4) Go to the *Effect Controls* window and flip the triangle downwards to open the *Track Matte Key* controls. From the *Matte:* control select Video Track 3
- 5) On the *Timeline*, click the *Eye Icon* on the left of Video Track 3 to hide this track
- 6) Render your work area then place your timeline cursor anywhere over the three tracks. Open the *Title Designer (File/New/Title)* and create your title within the lower third.

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